**Day Trips**

**OUTDOOR ADVENTURE**

- **Fuel up on organic grub at Amy’s Drive Thru:** Head to Amy’s flagship fast casual eatery for a quick meal of lovingly handcrafted vegetarian food. Organic Breakfast is served from 7:00 a.m.—11:00 a.m. daily. You’ll feel invincible!

- **Trade out four wheels for two:** Santa Rosa is a cyclist’s dream destination, with scenic roads, rolling hills and accommodating streets. Major races and tours happen here, from IRONMAN Santa Rosa to Levi’s Granfondo, but novices shouldn’t feel intimidated! There’s terrain and routes for cyclists at any experience and fitness level. Find bike rentals and recommended routes at Sports Basement in Santa Rosa or at The Astro.

- **Bonus Stop:** Wine lovers should consider cycling to a winery for a tasting or picnic! If you’re unfamiliar with the area, be sure to ask your bike rental shop for their recommendations on where to ride. Click here to check out our all of favorite local wineries.

- **Recharge at the Korbel Deli and Market:** After a few hours of cycling, you’ll crave a hearty meal. After you return the bikes, you’re headed to the redwoods by car. Be sure to make a pitstop at the Korbel Deli and Market, nestled among the redwood trees, you’ll find one of the best-kept secrets along the Russian River; yummy salads, sandwiches and more.

- **Zip through the trees with Sonoma Canopy Tours:** You’ll savor breathtaking views of the majestic Redwood forest at a leisurely pace and learn some incredible things about the Redwood ecosystem. Experienced thrill-seekers can try the Tree Tops course, with a 1500’ long line and speeds up to 40 miles per hour.

- **Give your taste buds some adventure at Bollywood Bar & Clay Oven:** Adventurous eaters should have dinner at this highly-rated Indian Restaurant. A parade of pure ingredients and exotic flavors. You earned this!